

# SEEKING YOUR VIEWS ON NHS HEALTH CHECKS

Public Health Southwark is reviewing our current NHS Health Check service and wants to get your thoughts on some of our new ideas.



- We are looking at ways to improve the Health Check.
- We would like your thoughts on how to best improve this service.



- Are you aged between 40-74, with no long-term health conditions? If YES we want to hear from you and would like you to take part in our focus group.



- **If interested please book and attend our group discussion session, by using these details:**

The NHS Health Check is for adults aged 40-74. It is designed to spot early signs of heart disease, type 2 diabetes, stroke, kidney disease or dementia.

## Location and Date:

**CAMBRIDGE HOUSE: 6:00pm - 8:00pm**  
1 Addington Square, London SE5 0HF

- 4<sup>th</sup> September (Wednesday) – Room M3

Tea, coffee and refreshments will be available.

To book, please select [here](#)  
contact: [phadmin@southwark.gov.uk](mailto:phadmin@southwark.gov.uk)  
Or call: 0207 525 2254

Southwark has provided the NHS Health Checks service since 2011, and over fifty thousand residents have attended a check-up.